

CALGARY JAPANESE COMMUNITY ASSOCIATION

SEPTEMBER 2017



CJCA Quarterly Newsletter

Volume 24, Issue 3

“Stampede Street”

CJCA Vision Statement
by Roger Teshima



Above:
CJCA President, Roger Teshima

“By honouring and celebrating our ancestry and history, the Calgary Japanese Community Association will be a vibrant and inclusive organization that encourages and promotes our Japanese heritage, culture and legacy within the Nikkei community and with all Canadians.”

This “vision statement” solidifies our purpose and will guide us in our work and efforts in the coming years. We are at a time of transition, a change in our Board of Directors, a change in how the Board will function, a change in how we, the Board, will rely on your direction and support to work towards the goals of CJCA. We cannot be truly successful without you. You will be an integral part of the process by which we will strive to achieve the goals set out in the vision statement. We, the Board, will make decisions for the good of all members of CJCA, not just the members of a particular group or club. You are all important to the organization; no one is lesser than another. Our association functions through its Board and we are the representatives who have been elected to make decisions for the community. The four members of the Executive will decide at what level the final decision will be made.

“Vision” continued on Page 2.



LOCATED AT

CALGARY NIKKEI CULTURAL
& SENIORS CENTRE
2236 – 29th Street SW
Calgary, Alberta T3E 2K2

OFFICE HOURS

Monday thru Friday
8:00 am to 3:00 pm
Closed Weekends & Holidays
(Subject to change.)

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President's Report

Respectfully Submitted by
Roger Teshima

2017 - 2018 CJCA BOARD OF DIRECTORS

PRESIDENT, Roger Teshima
rteshima.cjca@shaw.ca

VICE-PRESIDENT, Maureen Coleman
TREASURER, Shirley Shigematsu
SECRETARY, Harvey Tanaka
PAST-PRESIDENT, Joanne Planidin

DIRECTORS

Chris Booth
Tomoko Button
Yukiko Moriya
Rocky Oishi
Yoshiko Planidin
Kiyomi Planidin Wong
Yoshio Sumiya

COMMUNITY & SENIORS FOUNDATION BOARD

PRESIDENT, Brenda Nugent
TREASURER, Margaret Tanaka
SECRETARY, Christine Nugent

DIRECTORS

Paul Jetté
Allan Okabe

SUPPORT SERVICES

ADVERTISING, Bob Planidin
LIBRARY, NJCA-Japanese
QUARTERLY NEWSLETTER, Pat Jetté
WEBMASTER, Allan Okabe

CONTACT

Directors may be contacted
through:
cjcamain@shaw.ca



Photo:
Directors flipping out at the Stampede Breakfast.

Some decisions are made by the Executive; others are voted on by all members of the Board, and in some rare cases, we may need to go to the general membership.

The Board of Directors embarked on a plan of more open communication with the general membership. We have set up a suggestion/comment box at the Centre and initiated a new look to the AGM with the breakout session that was held. We plan to continue the dialogue with our members, not only to let you know what we are doing but to ask for your ideas and comments about CJCA. I want to acknowledge the courage with which the Board members acted in implementing this plan as it tends to put us onto the 'hot seat' at times and it isn't always a comfortable place. Emails that I receive will be shared with the other members of the Board so that we can all read your comments or questions. I will endeavour to respond to these emails once the Board has dealt with the issues raised. If you submit your questions to the suggestion box with your name and contact information, we will reply to these notes once the matter has been dealt with. Those that are submitted anonymously, will be read and filed.

Our new executive was selected in May and we got the year off running as we had the Stampede Parade, the Stampede Breakfast and the Omatsuri in the following months. This spring, we welcomed Joe Sumiya onto the Board and over the coming months, there will be opportunities for you to get to know him.

As we look towards the future, we will remember our history and the people who have helped build the CJCA. For the past six years, Joanne Planidin has led the Board with just a handful of members and she did a

tremendous job in keeping the association and those long-standing traditions alive.

Today we have a board twice the size of the one two years ago, and we will be able to continue with those events and traditions that have defined the Nikkei community in Calgary.

On a personal level, I want to thank Joanne for her help this past year in bringing me up to speed and I will continue to look to her for counsel. She will be a valuable asset for the Board with her experience and connections. I also want to thank Taeko Nagao and Russ Hironaka for their contribution as board directors.

Stampede Parade, Stampede Breakfast & Omatsuri Festival

A special thank you goes to the hundreds of volunteers who organized and worked on these events this past summer. Each of them contributed significantly to highlighting our Nikkei community in Calgary. Well done!



NAJC AGM & CONFERENCE: September 22 – 24, 2017

This year's AGM & Conference will be held in Ottawa/Gatineau. CJCA will be officially represented at the AGM by myself and Harvey Tanaka as delegate and alternate. We may have five other Board members who will also be attending the conference. This year's conference theme is "Honouring Japanese-Canadian History for Canada's 150th Anniversary".

COMMUNITY & SENIORS FOUNDATION BOARD

The foundation is a registered charity and graciously accepts donations from both public and private sectors.
(Tax Receipt Issued)

On behalf of CJCA Community and Seniors Foundation, we gratefully acknowledge and thank those who donate to the Foundation. It is through such generous contributions that the Foundation can sustain itself and continue to provide cultural and social services to the Japanese Community.

Welcome to new CJCA board member: Yoshio "Joe" Sumiya

Yoshio "Joe" Sumiya has several years of experience as a lawyer, largely in family law. He is with the firm Foster LLP in Calgary. He is an experienced negotiator and advocate. He can guide a person through the legal issues of what is usually a difficult and stressful situation. Joe Sumiya attended the Law School at the University of Alberta and was called to the bar in 2001. He has considerable experience with family law handling cases involving divorces, child support, spousal support, parenting and access, guardianship and restraining orders. He also has experience with wills, civil litigation and criminal defence. He has participated regularly in the Terry Fox Run and the CIBC Run for a Cure. He enjoys travel, martial arts study, and outdoor activities.

ASIAN HERITAGE MONTH "KIMONO FAIR"

by
Taeko Nagao & Mai Nagao Mulhern



We would just like to thank all the volunteers who made the May 21st Kimono Fair a success. These included the professional kimono dressers, hair stylist, make-up artist, photographer, waitresses, the vendors and all the other volunteers. We would also like to thank all the visitors and guests for coming out on a long-weekend to have a wonderful cultural experience with us. We hope to continue this annual event as part of the Asian Heritage Month and grow it into an even bigger event!

8th ANNUAL "STAMPEDE BREAKFAST"

by Rocky Oishi



Saturday, July 8th was a sunny and a pleasantly breezy day, perfect for a Stampede Breakfast festivity. With a street closure permit in hand, we closed off 23 avenue between 28th street and 29th street so that we could engage in the Stampede Festivities from 9:00 – 11:00 AM.

Once again it was a very successful event with well over 500 including the neighborhood people in attendance to enjoy the Pancakes, Sausages, Juice, Coffee, Watermelon, and Entertainment. Thank you always to our old volunteers and welcome to all the young people and new Board members who assisted the "three amigo coordinators" Rocky, Kathrine & Ruth.

A big thank you to ATCO for providing us with grills and canopies and to Superior for the propane to minimize our total cost.

The Calgary Food Bank was again in attendance and cash donations of \$890.55 was collected and 250 lbs. of food. We are proud of the generosity of this community in their support of the Food Bank.

A very special thank you to the members of Kotobuki (one of our sponsors), to NJCA, the new board of CJCA, all the many groups which make up our community, friends and of course all the family members who came out to set up, cook, serve, support our function and clean up. Your assistance was greatly appreciated.

This year we had a DJ (Desperado Sounds) to provide us with Country Music and were entertained by Marie and the CJCA Line Dancers, Ben and the perennial Midnight Taiko and the unique and exciting Hyottoko performers led by Miyuki. Nakagama was here from Lethbridge for our Japanese food shoppers. Our photographer, Paul was busy taking pictures and by noon, the crowd had dissipated, the hall cleaned up and the road signs picked up by the city.

My thanks to you all for making this event a successful one, once again!



NIKKEI CENTRE CLEAN-UP

by Roger Teshima

In early June, a hard-working group of 21 gathered to give the Centre a quick clean, focusing primarily on the kitchen, main hall and garden. It was wonderful to see members from various groups within CJCA join forces to give the Centre a good scrubbing and dusting. Although the volunteers worked continually during the three hours, one could occasionally hear outbursts of laughter. I want to personally thank those who attended and let you know that the entire membership is grateful and very appreciative of your efforts.

*Takako Armstrong, Kyle Freney,
Stephanie Jacobson, Aoi Kurosawa, Ben Lim,
Lisa MacLeod, Lynne Montgomery,
Yukiko Moriya, Doug Ohama,
Hiro & Keiko Oshiro
Koichi & Keiko Otsuki, Mari Sasaki,
Yoshiko Shimizu, Lee Sudrich,
Yoshio 'Joe' Sumiya, Yoshiko Tominaga,
Reid Zinger and I apologize to May?, whose
last name was not recorded.*



CALGARY STAMPEDE PARADE -Yosakoi Group

by Joanne Planidin



Yosakoi is a unique style of dance that originated in 1954 in Kochi, Japan. The dance is highly energetic, combining traditional Japanese dance movements with modern music. This style of dance has grown in popularity and today there are more than 200 Yosakoi festivals and competitions each year held throughout most of Japan.

January of this year, a group of people started dancing and working together to form a Calgary Yosakoi Team. Tomo Honda has been the Team's director and with the help of a few key members (former Yosakoi dancers) the Team has become the newest addition to the Calgary Japanese cultural scene.

CJCA had the opportunity to put forth an application for entrance into the 2017 Calgary Stampede Parade. This presented a perfect opportunity for groups under the CJCA umbrella to collaborate and work together to create a unique display of Japanese Canadian culture. The Yosakoi Team along with Midnight Taiko were engaged to represent and showcase the Calgary Japanese community. Kaede Cultural Society helped to facilitate practice space and costing. Mr. Yukichi Hattori volunteered his time and talent to create a polished performance. Midnight Taiko took the Yosakoi music and created a performance piece to compliment the digital version of traditional songs used along the parade route. For anyone who was fortunate to have a front row seat along the 2017 Calgary Stampede Parade route and for those who caught a glimpse of the performance on National Television, it was truly a wonderful representation of Japanese culture, music, dance and costume.

Thank you also to Mr. Tomo Nakahara (the master builder of the Omikoshi) who created the push cart as part of our entry. His design highlighted the Omikoshi and incorporated a stand for the Odaiko drum, which was played along the route.

It was a very long, HOT and physically exhausting day for all, but they appeared at the end, just as they had started, with enthusiasm, endless smiles and having a great time!

The Calgary Stampede Parade was a wonderful opportunity for CJCA to showcase our Japanese community and cultural heritage on a National stage, unlike any other. It has been decades since the Japanese community was represented in the Stampede Parade.

Congratulations to the Yosakoi group who I understand has and will be performing at a number of other events across the city i.e. Banff Canada Day Parade, and Globalfest, just to name two. For those of you who have not yet seen the cart, keep an eye out for its appearance at many future events.

NJCA ANNUAL SPORTS DAY & PICNIC

by

Taeko Nagao & Mai Nagao Mulhern



This year's NJCA Sports Day was met with perfect weather condition, and as expected, many families from the community came out to enjoy the fun-filled activities. All ages participated in various activities like the three-legged race, bean-bag throwing and tug-o-war. Every participant received toy prizes, and the parents were just as excited as the kids to get them. The bento box lunch was prepared and delivered by Japanese Cuisine Daruma, and it was delicious as always. Door prizes and raffle ticket prizes were also given out, and we would like to thank all the stores, organizations and individuals who generously donated gift cards and goodies for the prizes. Donors will be listed on the upcoming "NJCA Newsletter" (Check the Centre credenza!).

Also a thanks to the many volunteers who came out early in the morning to help setup and stayed until teardown. The event ran smoothly and safely thanks to these volunteers.

Sports Day is one of NJCA's most successful annual events, and we hope to continue on for years to come. We hope to see everybody again next year!



68th Annual Japanese-Canadian Provincial Golf Tournament 2017

<http://www.jcgolf.ca>

A Calgary thank you to Blake Tomiyama and Mas Shigehiro for organizing another fantastic golf tournament that was held on July 22 & 23 at the beautiful Paradise Canyon Golf & Country Club in Lethbridge, AB. Congrats to Calgary sisters – "Team Taguchi" and Bob "overall low net" Planidin.



Ninja Banana Bread

by Bob

INGREDIENTS:

- ½ cup butter, melted
- 2 eggs
- 1 ½ cups of All-purpose flour
- 1 tsp. cinnamon
- ½ tsp. salt
- ½ cup chopped walnuts
- 1 cup white sugar
- 1 tsp. vanilla extract
- 1 tsp. baking soda
- ¼ tsp. nutmeg
- ½ cup sour cream
- 3 ripe bananas (mashed)

DIRECTIONS:

- 1) Preheat oven to 350° F (175° C) and grease a 5 x 9" loaf pan.
- 2) In a large bowl mix the sugar and butter, then add the eggs, vanilla and sour cream, mix well. Combine the flour, baking soda, cinnamon, nutmeg and salt, then stir into the sugar mixture until smooth. Finally, fold in the nuts and bananas. Spread evenly into the prepared loaf pan.
- 3) Bake at 350° for 60-70 minutes or until a toothpick inserted into the centre of the loaf comes out clean. Cool loaf in pan for about 10-15 minutes before removing to a wire rack to cool completely.

LONG-LIFE



KOTOBUKI KAI

by Lorraine McNeill

CALGARY KOTOBUKI SOCIETY
2017 BOARD OF DIRECTORS

PRESIDENT, Kathrine Nugent
 PAST-PRESIDENT, Bill Toyota
 VICE-PRESIDENT, Tetsuo Wada
 TREASURER, Albert Nawata
 SECRETARY, Tobie Sakamoto

DIRECTORS

Nancy Kondo
 Ruth Nagata
 Satomi Okabe
 Haruyo Onishi
 Patricia Sakura
 Tom Uyeno
 Kathleen Wall



Hopefully everyone is enjoying this perfect summer weather in Calgary. Again health care and fitness were focal to the May program as Kozue and Charles began each Wednesday with tai chi, followed by either chair exercises with Vanessa, yoga with Donna, line dancing with Peggy or odori with Joanne. Dr. Nakai tended to those requiring foot care and nurses Maureen and Tobie checked for diabetes and blood pressure. Ted led the group singing followed by karaoke organized by Takako and Casey.

Three of the members who take part, Takako, Roy and Casey, are into their 90's, still singing with strong, beautiful voices! They practice new songs at home to entertain friends and at Kotobuki.

We are grateful to Sakiko-san, our Conversational Japanese sensei (teacher), for her planning, dedication and patience, urging her students to learn and improve their Japanese language skills. We welcome her reviews of important vocabulary, language phrases and her teachings of Japanese culture and traditions. Roy and Iwao, also conduct classes, helping those who wish to improve their English. Many have expressed their enjoyment of the topics introduced by sensei Roy and sensei Iwao, in which they can discuss and practice the English language.

May 10th featured a cooking demonstration by our hard-working Matsue Takeda. Matsue prepared the ingredients for a dessert called Nerikiri, (mochiko and white anko mixed together) beforehand, then had individually packaged amounts for each person so they could work on their own creations while listening to Matsue's explanations. Matsue later demonstrated how to prepare and color this batter before forming into the final product. This recipe can be found on the web by typing in "Nerikiri".

Tom, our program coordinator, has been presenting films from the "Japan Videos" series. These are interesting and informative short topics on Japan. For example, one featured a waste disposal plant in Hiroshima, in a very modern building that transforms waste into energy. The ash from the incinerated waste is used for roads and does not pollute the water system. Another film featured a museum in Kyushu, the final stop of the Silk Road, another of Basho, the poet, and one on the non-fading indigo (blue) dye. Another featured a special program to save the storks from extinction due to industrialization. Tom said these films can be borrowed from the CJCA library or the Consulate General's office.

Tom also showed two movies in May, "Hatsumi" and "Flavor of Happiness". "Hatsumi", shown on May 17th, about a Nisei woman who visits her pre-war and wartime homes. A film by Chris Hope who was curious about his family's past and archives. On his grandmother's 80th birthday Chris offers to take her on a trip back to the west coast, locations of her internment experience. "A testament of her survival and triumph over the systematic racism and discrimination, how the Japanese endured the betrayal of their country, rising above it all with grace and all sense of forgiveness: "shikata ga nai", (can't be helped)".

May 31st "Flavor of Happiness". This was about a Chinese restaurant in Kanazawa, Japan, owned by Wan who puts his heart into his cooking, boasting a stream of customers. Takako-san, an office worker was assigned to persuade Wan to open a branch of his restaurant at the department store but Wan refuses. Takako persists and visits every day, enjoying the delicious dishes. One day Wan collapses leaving him unable to cook. Takako hears the news, quits her office job and convinces Wan to teach her how to cook.

The following is a review by Tobie Sakamoto and her coverage of guest speaker, Major Lloyd Northcott:



The guest speaker on May 31st was retired Major Lloyd Northcott, "whose grandfather, Lieutenant Colonel H.E. Lyon was a key person involved in the recruitment of the Japanese Canadian soldiers who fought in the First World War and who laid the foundation for citizenship of the Japanese immigration and by extension all immigrants from across the Pacific".

The story of how the 200 Japanese Canadians were recruited, trained and deployed to France is summarized in the Regimental Museum of the Calgary Highlanders at The Military Museum. The book, "Battlefield At Last", lists names of 175 Japanese soldiers of which 58, (25%) were killed in action and 78 wounded in the battle at Vimy Ridge. War broke out in 1939 and with the Pearl Harbor attack, the resentment against the Japanese reached an all-time high. After the Japanese were sent to internment camps or exiled to the Prairies, Lieutenant Colonel Lyons wrote letters to the Vancouver Province newspaper to protest the treatment of the Japanese and to oppose racism. Advocating for the Japanese and the poor had become his mission in life.

On May 19th, Kotobuki members attended Theatre Calgary's "Crazy for You", a presentation that featured singing and dancing to the music of George and Ira Gershwin. This fun and energetic production was enjoyed by all. Thanks to Grace, Ted and Kotobuki kai, for making this outing possible.

The last month of Kotobuki before the summer break featured a busy schedule of special presentations and wind-up activities. Peggy and the line dancers practiced for their performance at the Pancake breakfast, and the odori dancers with Mrs. Nakazato, (filling in for Joanne), prepared for their participation in "A Wonderful Canada", to be performed at the Nikka Yuko Gardens in Lethbridge on July 14th.



The twenty-five (25) year pin service presentation took place on June 14th, with Joe and Kinuyo Fukumoto being honoured for their years of service to Kotobuki kai. Another beautiful cake from Amandine dedicated to Joe and Kinuyo, was enjoyed by all.



The fun day Golf Tournament was held at the Cochrane Golf course on June 12th with 18 golfers taking part in a Best Ball format. After the round of golf, lunch was enjoyed at the Killarney restaurant at the Club. Toshiko (Kamori), Ted (Wada) and Jits (Oishi) were the team with the lowest score. Thanks to Kotobuki kai. Kathrine, Al, Goro, Pat (Jette) and Bill (Dawson) for their generous donations. We regret that Kathrine and Dan who did much of the organizing with Al, were unable to golf on that day, due to illness.

June 28th, the last day, closed with a bento from Terry and staff at Ke restaurant and petit fours from Amandine Bakery. Thank you to Luri and Roy for the Canada Day mochi and Mrs. Terashima for manju, delicious treats for everyone.

The afternoon organized by the special events committee and helped by Toban B, featured special bingo, called by Robert and Dave. Nancy and Ted made sure all would go home winners with prize bags filled with surprise goodies and bills and some with Nancy's specialties.

Thank you to all committee members who work diligently and volunteer their time so all can enjoy their days at Kotobuki and at the outside activities. Thank you members, for your participation in the activities scheduled by Tom (Uyeno) each month.

Thank you President Kathrine, Treasurer Al, Secretary Tobie and all the executive and board members for your service to the club.



Stampede Breakfast



Celebrating the 50th Anniversary of Nikka Yuko Japanese Gardens
by Ted Wada

On July 14, 2017 - a bus load of the Kotobuki seniors visited the Nikka Yuko Garden for its 50 year anniversary. It was a beautiful day and a great entertainment that included a: "Wonderful Canada" dance which CJCA, Kaede and Kotobuki members participated in. It was indeed a wonderful day!



For more information contact:

info@nikkayuko.com

or (403) 328-3511

www.nikkayuko.com

Upcoming Events:

August 12 - Omatsuri Festival

September 13 - Kotobuki resumes

IN MEMORY

The Calgary Nikkei community is saddened by the passing of:



by Roy Nagata

GOTO, Kohei

It is with great sadness that Kohei Goto passed away on June 20, 2017. He was born in Shinchiku, Formosa (now Taiwan). He was the second oldest of four children and eldest son of Noboru and Rau Goto. Kohei was raised though the hardship of WW II and after when war ended, he settled in Okayama where he completed his formal education. He enrolled at Nagoya Institute of Technology on a scholarship in architectural engineering program. Following graduation, he entered the work force as a construction project engineer. In 1961, he met and married Mie Akaki. In 1967, he left Japan to relocate to Canada, eventually to Calgary.

Mr. Goto was employed by Stanley Associates (Stantec). He is survived by his daughter Minako (Darren) Polischuk, son Shinji (Katrin) Goto, grandsons Michael and Sean (Christina) Polischuk

We extend our heartfelt condolences to the families.

FOSTER LLP	FOSTER JOSHI SHAFTEN WELLS
Yoshio L. Sumiya Associate Lawyer	2200, 520 5th Avenue SW Calgary, Alberta T2P 3K7 Telephone: 403-261-5339 Facsimile: 403-266-4741 Email: jsumiya@fosterlp.ca



CALGARY BUDDHIST TEMPLE

658-1st Ave NE, Calgary, Alberta
Telephone: (403) 263-5723

Mailing address: 207 - 6 Street NE,
Calgary, AB T2E 3Y1

calgarybuddhisttemple@gmail.com

Website: calgary-buddhist.ab.ca
by Laura Sugimoto

August 27 – Obon - A time to express our gratitude to loved ones who have passed on. Without them, we would not be who we are today.

Cemetery visits:

- Strathmore – 9:00 am
- Mountain View – 9:45 am
- Burnsland – 10:30 am
- Eden Brook – 11:00 am
- Queens – 1:00 pm

Temple service – 3:00 pm to be followed by light dinner.

September 24 - Higanye (Fall Equinox) Service. The Equinox Celebration Service takes place in fall and spring when both night and day are equal. Higanye means crossing over to the "other shore". At this unique time of the year, the two shores of light and dark are so close to one another the passage back and forth is easier. The other shore referred to is Nirvana, or the Pure Land.

Regular services continue on Sundays at 10:00 am and on Thursdays at 7:30 pm. Everyone welcome!

Library Days – After service every second Sunday of the month, please come visit our downstairs library at the Temple which has a variety of books for loan. A membership is \$20.00 and the books can be borrowed for a one month period. You may also join us and have a cup of tea and an informal discussion on various topics!

Ikebana Classes (Japanese Flower Arrangement) - Five classes are being offered by Rika Saruwatari, who trained under Ms. Takato Yokoyama. Rika became a certified shihan (teacher) in 2012. Classes will be held Saturday mornings 10:00 am - 12:30 pm on September 16 & 30, October 14 & 28, and November 11 at the temple. Cost is \$175 included tax. Students must supply their own containers (please ask Rika for suitable size and shape), scissors and kenzan (frog).

Looking for a venue? Need a boardroom for a meeting? A family celebration or a space to hold a class you would like to teach? Consider the Calgary Buddhist Temple for your next professional function or social gathering. For more information and to book, contact: temperentalrequest@gmail.com



The Calgary Korean Association would like to invite you to their 14th annual **Korean Day Festival** scheduled to be held from 10:00 a.m. to 6 p.m. on **19th day of August, 2017 at West Hillhurst Community Centre**, 1940 6 Avenue NW Calgary, Alberta.

This festival is designated for everyone to broaden understanding of unique nature of Korean cultures while promoting a joyful sense of multiculturalism and diverse community in Calgary.



INTRODUCING: "Kokedama"

Kokedama Inc. makes and sells kokedama, a Japanese planting style that is most easily understood as moss ball plants. We take a plant, wrap its roots in soil, then moss and bind it together. What you get is a plant that no longer requires a pot nor a vase to live as it grows and flourishes in its soil and moss ball. Though we make and sell kokedama plant arrangements, we hope that kokedama can be a focus for changing perspectives. A catalyst for rejoining what we call "real life". To us, real life is the place where you are surrounded by the relationships, activities and even things that really matter to you.

<http://kokedama.ca>
or (403) 999-8618

AUGUST

OMATSURI 2017

Saturday, August 12, 2017
Location: **MAX BELL CENTRE**
 (See flyer for details.)

SEPTEMBER

Fall Programs begin...

OCTOBER

NOVEMBER



APPRECIATION DAY

Sunday, November 5, 2017
 Time: TBA



CRAFT & FOOD BAZAAR

Sunday, November 19, 2017
 Time: 11 am to 3 pm

DECEMBER



MOCHI PARTY!

Sunday, December 10, 2017
 Time: TBA



KIDS CHRISTMAS PARTY

Sunday, December 17, 2017
 Time: 1 to 3 pm



Upcoming Events

(Activities held at the Centre unless otherwise specified.)

2017 - MARK YOUR CALENDARS



Calgary Japanese Omatsuri Festival

SATURDAY AUGUST 12, 2011
 11:00 AM TO 6:00PM
Max Bell Centre
 1001 Barlow Trail SE, Calgary, AB
 ENTERTAINMENT, FOOD & CRAFTS
calgaryjapanesefestival.com

Admission: Adults \$5.00
 Youth 6-12 \$2.00, 5 & Under: Free

Calgary Japanese Community Association

MONDAY



CJCA KARAOKE CLUB
 Starting: September 11
 Noon to 3 pm

(Bring your own lunch.)
 The CJCA Karaoke Club have a large collection of Japanese songs and some English songs too. Join us and sing your heart out!
 Contact: Ted Wada
 (403) 278-8061
 or tgwada@ymail.com



SHUJI (CALLIGRAPHY) CLUB
 Starting: September 5
 The first & the third Monday from 11:30 am - 2:30 pm, at Nikkei Centre (Basement)
 - Age over 55 years
 - Beginners welcome!
 To Register & details - please contact:
 Hideko Moroto at (403) 226-5226 or hideko@moroto.ca



MIDNIGHT TAIKO KAI
 (Drumming - Evenings)
 Starting: Year-round
 Monday & alternate Thursday
 President: Ben Lim
 Booking Info: John Nguyen
 (403) 975-1270 or bookings@midnight-taiko.ca
 Website: www.midnight-taiko.ca



TUESDAY



KAEDE NO KAI (Odori/Dance)
 Starting: September 2
 7 to 9 pm (& Wed. 7:30 to 9 pm)
 Instructor: Joanne Planidin
kaedenokai@gmail.com

WEDNESDAY



KOTOBUKI KAI (Seniors)
 Starting: September 13
 President: Kathrine Nugent
 (403) 242-4691
 or knugent@hotmail.ca



CJCA RENSHIKAN KARATE CLUB
 Starting: Year-round
 6 to 8 pm (& Saturday 9 to 10 am)
 Instructor: Seichi "Sey" Yamashiro
 Contact: cjcsdcbayama@shaw.ca

Programs

(Activities held at the Centre unless otherwise specified.)



ABACUS (SOROBAN)
 Classes are year round!
 Starting: Year-round
 When: Wednesday
 (from 4 to 7 pm)

Location: Nikkei Centre (Basement)
 For information & registration, please contact:
 Takayuki Hatakeyama at sorobanocalgary@gmail.com
 (403) 667-5884 or <http://abacuscalgary.com>

THURSDAY



SOGETSU IKEBANA GROUP
 Starting: September
 6 to 9 pm (Bi-weekly)
 Instructor: Keiko Otsuki
ikebanastudio@shaw.ca

Website: www.ikebanastudio.com

"Programs" continued on next page.

"Programs" continued...

THURSDAY / FRIDAY



ZUMBA FITNESS

Starting: September 8 – December 15
(Thursday or Friday)

10 to 10:50 am

Fee: Ask about "Punch Cards"
\$8 (Members)/\$10 (Non-Members)

"Bring a water bottle, towel
and your smile!"

Licensed Instructor: Aoi Kurosawa

For details: (403) 561-1340 or

ciaociaoaoi@gmail.com

www.facebook.com/groups/zumbawithaoi/



JAPANESE CULTURE FOR KIDS

Starting: September 7

(Thursday & Friday)

From 10:00 am to 12:00 pm

(For children under age 6.)

For detailed schedule/fee information:

Taeko at (403) 650-7634 or

japanesekidsclass@gmail.com



JLS - Friday Evenings (& Thursday)

Classes held at:

Queen Elizabeth Jr./Sr. High School

512 18th Street NW, Calgary

Principal: Yoshiki Komori

contact@calgaryjls.com

Website: www.calgaryjls.com

SATURDAY



NIHONGO TIME

"Japanese Conversation"

Starting: Year-round

10 am to noon

Contact: Taeko Nagao

(403) 650-7634 or ntaeko@telus.net



"POCO A POCO" CHOIR (NJCA)

Starting: Year-round

The first Saturday 1:00 - 3:00 pm,

the third Sunday 10:00 am - Noon

Contact: Taeko

SUNDAY



HYOTTOKO DANCE CLUB

Sunday's from 2 - 3 pm

Starting: September 10

Hyottoko Dance was originated in Japan
a few hundred years ago and is practiced

to this day in many communities in

Japan. The dance is a repetition of simple

moves - men and women dance

together, wearing humorous looking

masks called hyottoko, okame

and kitsune, head covers and ukatas.

It's a lot of fun and a way to introduce

traditional Japanese culture to Canada.

Contact Ted Wada for details:

(403) 278-8061 or

tgwada@ymail.com



LINE DANCE CLUB

Starting: Sunday's from 3 to 4:30 pm

September 10 to November 26, 2017

(No practices on Oct. 15 & Nov. 12)

Fee: \$40. for 10 lessons.

"Please join us! It is great exercise and

lots of fun. No experience necessary,

just drop-in and sign-up!"

Contacts: Ted Wada or Rocky Oishi

(403) 278-8061 or tgwada@ymail.com

(403) 281-1203 or rjoishi@shaw.ca



CJCA KIDS WINTER CAMP 2017

Date: December 18 to 22 (5 days)

Time: 9:00 am - 1:00 pm

Location: Nikkei Centre

Ages: 4-6 years

Fee: \$ 70.00

Register/Information:

cjcamain@shaw.ca



**Just a friendly reminder that the
2017 CJCA Membership form
is located at the back
of the newsletter!**



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Calgary, AB T3C 3W2

CONTACT US: Alex Nagao

TEL: (403) 251-1762

EMAIL: nagaoa@telus.net

WEBSITE: www.njcacalgary.ca



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FOR INFORMATION: Mai Nagao at

jyacalgary@gmail.com

Website:

<http://jyacalgary.wordpress.com/>

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2017 EVENTS SCHEDULE (NJCA)

= 2017 年行事予定 NJCA 2017 Events =	
NJCA 主催行事 (NJCA Family & Kids Events)	
2月4日(土) FEB. 4 3:00 – 4:00 Pm	豆まき/感謝デー MAME MAKI / THANKS DAY
3月5日(日) MAR. 5 1:00 – 2:30 Pm	子供雛祭りパーティー HINAMATSURI PARTY
4月 APRIL	NJCA AGM
5月7日(日) MAY 7	「日本文化：着物フェア」 Am 10:00 – Pm 2:00 [ASIAN HERITAGE MONTH] JAPANESE CULTURE: KIMONO FAIR
6月 JUN.	運動会&ピクニック SPORTS DAY & PICNIC
7月 JULY	ハイキング HIKING Fall Festival cancelled
11月19日(日) NOV. 19 (Sun.)	クラフトフードバザー Am 11:00 - Pm 3:00 CRAFT & FOOD BAZAAR
12月17日(日) DEC. 17 (Sun.)	クリスマスパーティー(子供会) Pm 1:00 - 3:00 KID'S X'MAS PARTY
* In case of inclement weather or lack of attendees, events will be cancelled.	
注：行事、日時の変更は、必ず事前にお知らせいたします。 参加者が少ない場合はキャンセルになる事がありますので、必ず申し込みをして下さい。 Events will be cancelled if there are not enough participants.	
For more detailed description of Events, please visit our website: www.calgaryjca.com / njca@njcacalgary.ca	

* 図書館会館日：1月~6月 & 9月~12月 第一土曜日&第三日曜日午後1時~4時

* コンピューター教室：上と同じ

* 合唱「ボコアボコ」：1月~12月 第一土曜日午後1時~3時、第三日曜日午前10時~12時



"COMPUTER CLASSES"

Free for CJCA/NJCA Members!

WHEN: Classes are held twice a month

Classes are intended for beginner to mid-level users.

You can participate if you: are planning to start using a computer/internet/e-mail.- want to improve your computer skill - want to learn how to use applications (Excel, Word, Photo-editor, etc.) - have a question (hardware, software, iPad, PC, printer, trouble, etc.) - don't have a computer but want to try anyway (student computers are available). Maximum 4 students at a time.

To "reserve" your spot, contact:

Alex Nagao at 403-390-0285 or nagaoa@telus.net

You can check the class schedule at:

<http://teamup.com/ks9d5aa2c7a7c537>

CJCA Library & Computer class hours:

January to June / September to December

The first Saturday and the third Sunday 1:00 - 4:00 pm

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Visit & Performances by
 AINU, Indigenous People of Japan

Members of the Ainu, indigenous people predominantly from the northern island of Hokkaido, Japan, will be visiting Lethbridge and Calgary to hold traditional music performances this August. To promote understanding of the indigenous culture of Japan, and in line with the sister relationship long-held between Hokkaido and Alberta, the Consulate-General of Japan in Calgary has invited 3 members of Ainu Art Project, a group formed in 2000 that promotes traditional Ainu culture via dance, music, handcrafts to Alberta. Working in partnership with Galt Museum & Archives, Blackfoot Nation, and the Calgary Japanese Festival Omatsuri, Ainu Art Project will be performing songs on stage using the Mukkuri and Tonkori, traditional Ainu instruments.



PERFORMANCE:

Indigenous Bridges: Traditional Music and Dance Performances by The Blackfoot Nation and The Ainu People of Japan

Date: August 11, 2017

Location: Fort Whoop-Up Interpretive Centre (Lethbridge)

Time: 1:00 pm

Admission: Free

PERFORMANCE: Ainu Traditional Music Performance

Date: August 12, 2017

Location: Calgary Japanese Omatsuri Festival (Max Bell Centre)

Times: 12:20 pm & 3:30 pm (Outdoor Main Stage)

Admission: <http://calgaryjapanesefestival.com/>

OMATSURI



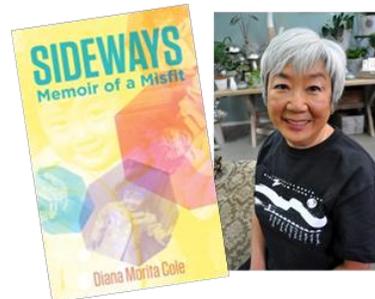
"HOLY CARP!"

by Ted Wada

A special thanks to Mr. and Mrs. Kato (of Japan), Mrs. Satomi Okabe and Kevin Okabe for donating a set of huge traditional "koinobori" (carp streamers) to the Omatsuri Festival/CJCA. A full-size koinobori such as these fly in a month of May in Japan to signify "Boy's Day" – a symbol of health, courage, strength and yet gentleness. It's getting very difficult to find them now-a-days even in Japan and are very expensive when you do. I'm hoping to find a way to grace our Omatsuri sky with them this year!

MEET AUTHOR: Diana Morita Cole

2017 Recipient of the Richard Carver Award for Emerging Writers



"Sideways: Memoir of a Misfit was launched at the Nikkei Internment Memorial Centre in New Denver, BC and at the Langham Cultural Centre, Kaslo, BC.

Sideways chronicles the childhood of a Nikkei girl born a prisoner in Minidoka after her family was expelled from Hood River, Oregon in 1942.

Critics say Cole's story offers amusing and piercing insights into the exile and resettlement of her family and provides the reader with a surprising new awareness of the Nikkei experience throughout North America and Latin America.

Professor Rita Takahashi of San Francisco State University says, "Sideways: Memoir of a Misfit is the very portal through which we view the hidden aspects of three important cultural icons: William Hohri, who led a massive class action lawsuit against the United States, Iva Toguri, who was convicted of treason and subsequently pardoned, and Roy Miki, who was born in exile in Canada."

Living in Canada for over forty years, Cole has initiated projects to help diminish racism and foster justice, peace, and environmental awareness...She resides in Nelson, British Columbia where she has organized forums in support of Residential School victims. She is a member of the Uphill Writing Group and the Nelson Storytelling Guild."

Note: Books will also be available for purchase at the Centre.

Press Release: Diaspora Press, September 2015 (excerpts)

Photo Credit: Blaise Enright

COMMUNITY PROFILE

by Cindy Nagata-McMillan



What does a television and appliance store, which has been an institution in Calgary have in common with an African Grey Parrot named Rudi – its affable sansei owners named Byron and Ross Takaoka!

Here is a snapshot of the Canadian born Takaoka family who initially resided in Langley, British Columbia. During WWII half of the family chose to move to Japan while the other half were relocated to interior B.C. to an internment camp. After the war reached its conclusion the Takaoka's who temporarily resided in Japan, returned to Canada. Paul Takaoka, relocated to Hamilton and later moved to Windsor, Ontario before partnering with his brother, John, and finding his niche in Calgary discovering their entrepreneurial career paths. After planting roots in Calgary, Paul married his love Edith Kadonaga, and became a teacher of electronics, where he also spent much of his time repairing televisions and appliances. Bestway Television & Appliances Ltd., a modest family-owned business was born after Paul and John sought bench space for their burgeoning repair business. Initially, Bestway Television & Appliances was Acme TV, situated downtown, and eventually relocated to 17th Avenue S.W. before settling permanently at their current location of 209 – 35 Avenue N.E. in 1963. Paul soon taught his Calgarian born sons, Byron and Ross his trade and soon involved them in the family business before relinquishing Bestway to them in 1985.

Through the years, as technology evolved, the need for repair work dissipated. Rapidly advancing technology and the cost of repairing versus purchasing newer appliances claimed the need for repairs altogether. There became a shift in the evolution of Bestway, as a result. The conundrum became how to best compete with the big box outlets such as Trail and the Costco's of this world. The fact that Bestway still exists is a testament to how two unassuming bachelor brothers, Byron and Ross (pay attention ladies) have managed this family owned business – through knowledge, integrity, and unrivaled customer service and support. They are a consistently five-star rated business. The brothers view their business as small enough to change with the trends, which speaks to their strength. Being native Calgarians, the brothers enjoy the four seasons and having easy access to the mountains and lakes, their friends, and best of all, no provincial sales tax or paying inflated retail prices!

Byron and Ross are carrying on their father Paul's legacy, and creating one of their own by helping make their customers experience memorable with their talking African Grey Parrot Rudi, who knows how to make their customer's feel at home with a friendly "Hello". The Calgary Japanese Community Association is truly grateful to the Takaoka's for their years of generosity through their many donations for special events. Please take the time to rediscover Bestway, as they have been serving Calgarians since 1956. Discover for yourselves why they are an institution in this great city of ours!

FOREST LAWN
CHIROPRACTIC
WELLNESS CENTREDr. J. Yoshida
Doctor of Chiropractic

Once you meet chiropractor, Dr. Tetsuo (Ted) Yoshida, you won't soon forget him. He is a truly remarkable healer with a rainbow character, full of surprises. Dr. Yoshida, 82 years of age, a sansei, was born in Chemainus, BC. He revealed that his grandparents emigrated from Kumamoto, Japan to New Westminster, BC. Canada in 1898, before settling in Cumberland, BC. They owned and operated a boarding house. Ted's mother, Mitsu was born in 1906 and his father, Chiyoki Sakai immigrated to Canada at the age of 16. He was a skilled carpenter and repaired Buddhist temples in Japan. Although his father was born a Sakai, he took on the Yoshida name when he married Ted's mother, as Mitsu was an only child, in order to carry on the family name. Shortly after their marriage, they settled in Cumberland as Chiyoki found employment at a coal mine. Sisters Midori and Haruka were born in Cumberland and the boys - Tetsuo, Hideo, Yoshio, and Suyeki were born in Chemainus.

When WWII erupted, Chiyoki was sent to work on the Hope-Princeton Highway and the remaining family members were sent to Hastings Park for a period of six months. Eventually the family was interned at Tashme for a period of four years. Chiyoki's carpentry skills were put to use to build shacks for its 4,000 occupants. During his incarceration, he worked for the Canadian Pacific Railway for a period of five years. After the war ended, the family moved to Kamloops where Ted completed high school. By age 20, Ted moved to Vancouver to learn the trade of welding. He also excelled at sport of judo, where he eventually became a 2nd degree black belt. Ted then moved to Nanaimo to learn pipeline welding and lived nomadically wherever there were jobs in Labrador City, Kingston, and Fort McMurray before settling in Alberta in 1960. Ted wisely observed that welding took its toll on the health of older welders, and was inspired to take up chiropractic and acupuncture after a back injury, once he experienced a return to health. He attended the Canadian Memorial Chiropractic College in Toronto for two years before transferring to the Palmer College of Chiropractic for another two years. Ted opened Forest Lawn Chiropractic in June 1970, at two alternate locations in Forest Lawn before settling permanently at his current location of 21 C, 3012 – 17 Avenue S.E. Initially he worked six-day weeks and made house calls out of town on weekends. At age 82, he is still a bundle of energy, providing this same service to both patients and animals, although he has pared back to four-day weeks.

It was shortly after he launched his business that he met his lovely wife, Jean Tomiyama in 1972. Word had spread about Ted's amazing ability to heal. At the time she was incapacitated by a back ailment, and had to be carried up two flights of stairs. She was treated to a one-hour session, after which she could walk again, and she became smitten. It took seven years before they exchanged 'I do's'. They have one adopted son, Cameron Blech, who has provided Ted with two granddaughters, Makayla and Jessica, 6 and 8 years of age, respectively. Sadly, Jean passed away in 2004 after a hard fought battle with cancer.

"Profile" continued on next page.

Ted's love of learning and his innate curiosity has taken him around the world to attend seminars in Turkey, China, Sri Lanka, the United States, Switzerland, Germany, Holland, Finland, Japan and Sweden. Nowadays he does take time to fish and hunt and he also prospects for gold in Alberta and B.C. Ted's other passion was the study of Japanese language from 1975 to 1977. In 1981, he was subsequently appointed president. Ted is currently a member of the Calgary Kotobukikai, and former director of the Calgary Japanese Community Association. Ted has also served on board of the Calgary Epilepsy Association for twelve years, Pro Sports Chiropractic for the Worlds Finals Rodeo in Las Vegas for 25 years, and is currently a member of the Calgary East Rotary Club since 1980. It is Ted's fervent hope to be able to practice chiropractic until the ripe age of 100! His goal is to be the oldest practicing Chiropractor in Alberta. Thus far Ted's dream seems to be on track. There would be many disappointed patients and animals alike, should he choose to retire!

The Calgary Japanese Community Association is truly indebted to Ted for his profound influence on our community, phenomenal healing capacity and his unfailing generosity over the years.

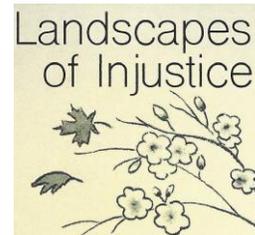
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September 22 - 24, 2017**



For more information:

Michael Abe, Project Manager, Landscapes of Injustice
(250) 721-7023 or mkabe@uvic.ca or www.landscapesofinjustice.com

PRINCIPAL WANTED



The Calgary Japanese Language School seeks a principal for the 2017-2018 school year and beyond.

Ideal candidates would have a passion for sharing the Japanese language and culture. Experience in an educational setting and the ability to speak and write Japanese fluently and to speak English comfortably are important qualities.

To learn more about the school visit:
CalgaryJLS.com
To apply, please contact:
Board_of_Directors@CalgaryJLS.com



If you, or anyone you know, is interested in getting involved or being a part of the local Calgary JCYL, please contact us at ask.jcyl@gmail.com

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national museum
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Our mission is to honour, preserve, and share Japanese culture and Japanese Canadian history and heritage for a better Canada

VOLUNTEERS

**ONE OF THE MANY "VOLUNTEER"
ORGANIZED EVENTS AT CJCA...**



Nikka Yuko Garden's (Lethbridge)



Kotobuki-kai golf organizers Lorraine and Al.
Absent: Kathrine and Dan



ASIAN HERITAGE MONTH (Hosted by NJCA)
"Kimono Fair" participants

STAMPEDE STREET



Stampede Breakfast



Calgary Stampede Parade

MISSION STATEMENT

"To promote and maintain Japanese culture in Calgary and District."

MANY THANKS!

To article contributors, proof-readers, photographers & illustrators.

MEMBERSHIP

The "2017" CJCA Membership Application form is located at the end of the newsletter. Members only will receive an additional "Monthly" E-Newsletter update.

ADVERTISING?

Advertising options and rates are available through the office.

VOLUNTEER OPPORTUNITIES

WANTED: Help to run our various activities.

CJCA LOGO

Designed by Eugene Ouchi (1943 - 2010)



Our thanks to "Nakagama's Japanese Food & Giftware" of Lethbridge for travelling to Calgary so we can enjoy our favourite products!

See their 2017 schedule on Page 21.

Centre Notes

FACILITY

Please contact the office before dropping-off items. (CDs, software, books, magazines, tapes)

LIBRARY HOURS

Monday thru Friday during office hours or first Saturday (1-4 pm) and third Sunday (1-4 pm). (Subject to change.)

LOST & FOUND

Unclaimed items will be disposed of on a regular basis.

LOOKING FOR A VENUE?

Contact the office for a variety of hall rental options!



REMINDER

The office will be closed
July 24 to August 7, 2017.

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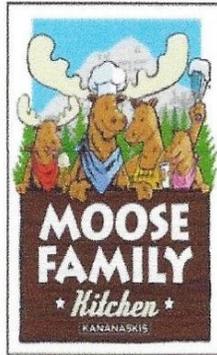
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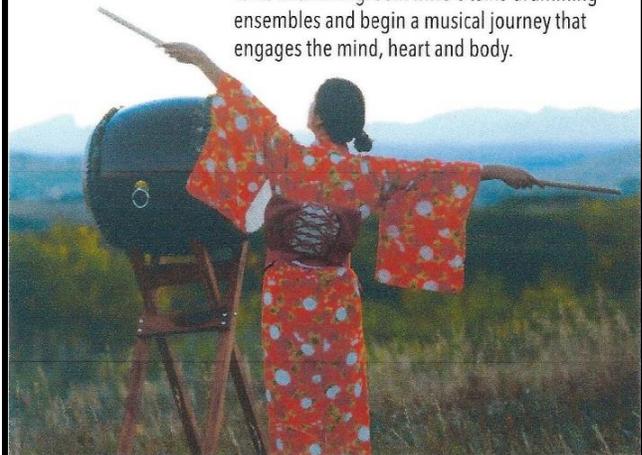
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Nakagama's from Lethbridge will be at the Centre on:
 Saturday, August 12, 2017 (Omatsuri Festival, Max Bell Centre)
 Wednesday, October 25, 2017 (11 am to 3 pm)
 Wednesday, December 6, 2017 (11 am to 3 pm)



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CJCA MEMBERSHIP APPLICATION FORM



CALGARY JAPANESE COMMUNITY ASSOCIATION

CJCA MEMBERSHIP APPLICATION FORM - 2017

Located at: Calgary Nikkei Cultural & Seniors Centre
2236 - 29th Street SW Calgary Alberta T3E 2K2

Inquiries: (403) 242-4143 or cjcamain@shaw.ca Website: www.calgaryjca.com

Please make cheques payable to: "Calgary Japanese Community Association"

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| <input type="checkbox"/> New Member | <input type="checkbox"/> Family (\$30.00) | <input type="checkbox"/> Individual (\$15.00) |
| <input type="checkbox"/> Renewal Member | <input type="checkbox"/> Profile Change | <input type="checkbox"/> Senior's 80+ (\$15. - Single or Couple) |

MEMBER PROFILE: (PLEASE FILL OUT & PRINT CLEARLY.)

- SURNAME: _____ First Name: _____
Spouse's name: _____
- E-mail Address: _____ Phone #: _____
Secondary e-mail (optional): _____
- Mailing address: _____
- City: _____ Province: _____ Postal Code: _____
- Membership is in effect from January to December. If you do not have an e-mail address, you will receive a complimentary hardcopy of the Quarterly Newsletter (black & white) via Canada Post. Otherwise, the Q-Newsletter (colour version) and the Monthly E-Newsletter (event updates) will be forwarded to you via e-mail. Event images maybe used in future CJCA related publications and websites. Thank you for your support!*
- Consent/Signature: _____

PLEASE CHECK THE FOLLOWING SURVEY:

- I would like to be contacted in the Japanese language.
- I am interested in becoming a volunteer. Areas of interest: _____
- I would like to make a "donation" to CJCA.
- I would like to advertise my business in the Q-Newsletter and Website.
- (Circle the applicable options.) I am currently associated with: Other : _____
Ikebana, Kaede (Odori), Karaoke, Kotobuki (Seniors), Karate, Line Dance, Midnight Taiko, JLS (Japanese Language School), NJCA (New Japanese Canadian Assn.), Youth Group

OFFICE USE ONLY:

MEMBERSHIP # (F, I, S) - 1) _____ 2) _____

- | | |
|---|--|
| <input type="checkbox"/> Cash | <input type="checkbox"/> Receipt issued by: _____ |
| <input type="checkbox"/> Cheque - # _____ | <input type="checkbox"/> Date: _____ |
| <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Database updated - Initial: _____ |