

CALGARY JAPANESE COMMUNITY ASSOCIATION

MARCH 2017

CJCA Quarterly Newsletter

Volume 24, Issue 1

"REGISTERED"

The Japanese Canadian Experience during World War II an exhibition by Leslie Hossack



2017 is a hat-trick year of notable facts...the NHL is 100, Canada celebrates its 150th and it marks the 75th anniversary since the evacuation and internment of people of Japanese ancestry from Canada's west coast during the Second World War.

How timely it was for the CJCA that photographer Leslie Hossack's (above) exhibit "REGISTERED: The Japanese Canadian Experience during World War II" was featured in Calgary at the Founders' Gallery at The Military Museums. Leslie's meaningful collection included images of existing architecture

such as the Vancouver Japanese Language School which was built in 1928 and the dominant barn at Tashme Internment Camp at Sunshine Valley, BC (near Hope). She also featured archival material such as newspaper headlines similar to the tone of today's news.



Above: Vice-Consul Mai Tomori from the Information and Culture section of the Consulate General of Japan office is standing next to the Tashme barn photo.

Did you know that Registration Cards (or identification cards which included photo and thumbprint) were issued to people of Japanese descent (ages 16 and over) in Canada?

"Registered" cont'd on Page 3.



LOCATED AT

CALGARY NIKKEI CULTURAL & SENIORS CENTRE 2236 – 29th Street SW Calgary, Alberta T3E 2K2

OFFICE HOURS

Monday thru Friday 8:00 am to 3:00 pm Closed Weekends & Holidays (Subject to change.)

CONTACT US

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Sasaki

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www.calgaryjca.com

President's Report

Respectfully Submitted by Joanne Terakita Planidin

2016 - 2017 CJCA BOARD OF DIRECTORS

PRESIDENT, Joanne Planidin jbplanidin@gmail.com

VICE-PRESIDENT, Roger Teshima rteshima.cjca@shaw.ca

TREASURER, Shirley Shigematsu shirleyshigematsu@shaw.ca

SECRETARY, Tomoko Button

COMMITTEE DIRECTORS

FACILITY, Co-Chairs Maureen Coleman Kiyomi Planidin Wong

MEMBERSHIP, Co-Chairs Chris Booth sacraa77@icloud.com Yukiko Moriya yukikomoriya@hotmail.com

Yoshiko Planidin

Russell Hironaka

Taeko Nagao ntaeko@telus.net

Rocky Oishi rjoishi@shaw.ca

Harvey Tanaka htanaka52@gmail.com

COMMUNITY & SENIORS FDN. Shirley Shigematsu

EX-OFFICIO

ADVISOR, Tom Nawata tnawata@planet.net

NAT'L ASSN. OF JAPANESE CDNS. Kevin Okabe, Executive k.okabe@najc.ca

SUPPORT SERVICES

cjca-quarterly@shaw.ca

ADVERTISING, Bob Planidin
WEBMASTER, Allan Okabe
LIBRARY, Michiyo Lim (Japanese)
OMATSURI FESTIVAL, Ted Wada
tgwada@ymail.com
QUARTERLY NEWSLETTER, Pat Jetté



Photo:

Counsellor Takashi Futagi from the Embassy of Japan in Canada (Ottawa) with Mr. & Mrs. Nakamura and Joanne

Akemashite Omedeto Gozaimasu!

Happy New Year!! By the time you are reading this, the New Year will be well on its way, but on behalf of the CJCA Board, we would like to start the year on a positive note and wish you all the very best for a fantastic year ahead!

Spring is just around the corner and although we did had a few bitterly cold wintery days, the year has started out, in true Calgary tradition with our favorite Chinook winds! That's what makes living here so great, or at least one of the reasons (right?)

Counsellor Futagi – Embassy of Japan...

On December 15, CJCA was honored to host Counselor Futagi from the Embassy of Japan in Ottawa. Counsellor Futagi stopped briefly to meet with a few of our community members at the Nikkei centre on his recent tour of Japanese communities in Alberta and Manitoba i.e. Edmonton, Winnipeg and Calgary. In his newly appointed role for the Embassy in Japan, he wanted to meet a diverse group of community members to better understand our history and experiences as Japanese Canadians.

Counsellor Futagi is originally from Akita Prefecture and graduated from Keio University in the faculty of Economics. He has had an extensive career in the Ministry of Foreign Affairs for the Japanese government. Counsellor Futagi is also an accomplished writer and has three published books in Japanese. The following is a short biography of Counsellor Futagi, who is currently the Director of Information & Culture at the Embassy in Ottawa.

Board Development...It's hard to believe that the association's Annual General Meeting is fast approaching. Where has the year gone? It has been a very busy year so far for the new CJCA Board of Directors. With so many new faces around the board table, it has given the Board a freshness, an opportunity to look at where we have come from and where we might possibly be in the future.

In November, the Board took advantage of a program sponsored by Alberta Culture and Tourism – Board Development Program. This weekend seminar helped us, focus on the fundamentals of working together, as a Board; working more effectively and efficiently; setting the foundation for a clear vision for the future. We welcome you all to come to the AGM in April to see some of the great work that has been initiated. I want to take this opportunity to thank all of the Board members for their passion and dedication. The diversity represented is exciting!



"President" continued on Page 3.

"President" continued...



CJCA AGM

(Annual General Meeting)

Mark your calendars

for Sunday, April 30, 2017 at 1 pm It's that time again for us to acknowledge our successes and to plan for the future. We will be accepting nominations for new Board Directors. If you would like to be a part of a great team, are a member in good standing of the association, have time to devote to the duties as prescribed and have a passion for the Japanese community... submit your nomination to the CJCA office before March 30, 2017.

In an effort to be more inclusive and to better serve the membership, the Board will conduct the AGM in a bilingual (English and Japanese) format. The Board does have this capacity currently and we hope this is an added enhancement for communications.

Canada's 150th Celebration... There are so many activities planned to mark the 150th Anniversary of Confederation.

Asian Heritage Foundation... The Asian Heritage Foundation has a project underway to collect 150 stories from within the Asian community in Calgary. They would like to share these stories with the greater community of Calgary through social media and through a printed exhibit to be displayed at various locations throughout the City during Asian Heritage Month, May 2017. They would like to showcase the significant contributions that Canadians of Asian

Heritage have given to Canada over the past 150 years. They are accepting submissions from a wide range of ages, professional backgrounds, and across all sectors. The contributions can be social, economic, or political. CJCA Board of Directors is accepting submissions from our Japanese community. Please contact anyone of the Board of Directors to submit your story.

On behalf of the Board of Directors, we are excited for the road ahead. Consider getting involved, in whatever manner fits your life and your passion for embracing all things Japanese.

"Registered" continued...

Whether you were born in Canada, a first-generation immigrant who was already granted Canadian citizenship or even if you were a First World War veteran. This process began in March of 1941 prior to Pearl Harbor. With the assistance of the Nikkei National Museum in Burnaby — Leslie was able to reproduce these rare personal cards (sample below).



Alongside the REGISTRATION exhibit...Leslie had a second exhibit:

"H-HOUR: Normandy 1944" showcasing a series of photographs including D-Day landing and cemetery sites in France. Both of Leslie's exhibits will run until March 5th.

VISIT: lesliehossack.com

CJCA would like to express their thanks to Lindsey Sharman, Founders' Gallery Curator (University of Calgary) for inviting us to a reception in December to meet Leslie.

Once again our thanks go out to Kara (Museum Events) and Hannah (Museum Merchandise). Author, Mr. Kaye Kishibe has kindly donated copies of his manuscript "Battlefield At Last" The Japanese Canadian Volunteers of the First World War and will be available for purchase in the Museum's Gift Shop.

Founders' Gallery
The Military Museums
4520 Crowchild Trail SW, Calgary
founders.ucalgary.ca@founders
gallery

IN MEMORY

The Calgary Nikkei community is saddened by the passing of:

by Roy Nagata



FRYLING, Malcolm Reginald 'Reg' of Calgary and Sundre, Alberta passed away December 30, 2016 in Victoria, BC at the age of 83 from the effects of recurrent pneumonia. Reg is survived by his son Christopher (wife Sarah, son Jordan, daughter Avalon) of Saipan; daughter Heather (husband Colin) of Victoria and Jennifer (husband Mahmoud, daughter Hannah, son Adam) of Beirut. Reg enjoyed participating in

KUMAGAI, Shinjiro (Shiny)

tai-chi at Kotobuki-kai.

October 8, 1934 - January 22, 2017 Mr. Kumagai passed away on January 22. He was predeceased by his wife Sue.

We extend our heartfelt condolences to the families.



CJCA Mochi Party!

by Shirley Shigematsu



December 11, 2016 - With the end of one year, and the beginning of another, comes the annual "mochitsuki' - or mochi-making tradition. Making and eating mochi offers a chance to connect with the Japanese heritage and cultural traditions.

In Japan, mochi is a tasty treat made to commemorate special occasions, most notably the New Year. The exact origin of mochi is unknown, though it is said to have come from China. The cakes of pounded glutinous rice appear to have become a New Year's treat during Japan's Heian period (794-1185). As early as the tenth century, various kinds of mochi were used as imperial offerings at religious ceremonies. A dictionary dating from before 1070 calls the rice cake "mochii". Around the eighteenth century, people began to call it "mochi". Various theories explain the name. One is that "mochi" came from the verb "motsu", "to hold or to have" signifying that mochi is food given by God and is extremely filling. The term "mochizuki" means "full moon".

In carrying on this cultural tradition, the annual CJCA Mochi Making and Tasting Party was held on December 11th, 2016 at the Calgary Nikkei Cultural & Seniors Centre. In spite of the cold weather and the fact that nearly all of the volunteers for this party could not make it because of colds and the flu, it was amazing how many people showed up to feast on the mochi and participate in the traditional way of making Condiments and dressings such as nattor, daikon oroshi, kinako, sweetened shoyu, oshiruko (azuki bean soup), green onions, nori, bonito flakes, and ozoni were served with the freshly made mochi. Even though most of the mochi was made from labour saving mochi-making machines at this event, volunteers still shaped and molded the mochi by hand which is an art by itself.

CJCA is fortunate to have demonstrations of the traditional "mochitsuki" – pounded with a large wooden mallet ("kine") in a large concrete bowl ("usu") thanks to Joanne Planidin. Children lined up to take their turn at holding the "kine" even though it appeared

to be bigger than them and required help from adults and pounded the mochi while Joanne deftly slipped her hand into the "usu" between each blow to turn the mochi. The children and their parents seemed to enjoy this as much as eating the mochi.

In addition to making enough mochi for consumption at the Party, mochi was also made at this event for Kotobuki's Ozoni Party held in January. Ozoni recipes and ingredients vary depending on which region your ancestors came from in Japan. However, the two common denominators that every bowl of ozoni must have is the mochi and the ritual that eating ozoni brings good luck, longevity and happiness for the rest of the

Thank you to Taeko and Mai Nagao and Joanne Planidin for keeping a tradition centuries in the making alive in CJCA.

DOMO ARIGATO by Shirley Shigematsu

November 13^{th} , 2016 - The CJCA Board of Directors hosted the "Domo Arigato" Volunteer Appreciation party at the Calgary Nikkei Cultural & Seniors Centre. It was a great opportunity for the Calgary Japanese Community Association and its Board to show how much we value and appreciate each and every one of our volunteers. Volunteers are the backbone of our community and each of the events and the community itself could not function without them. Because the volunteers at each event have very little time to socialize with each other while working and there are different volunteers at different events, it was the intention of the Board that the atmosphere of the party be casual and relaxed so that volunteers could have meet up with other volunteers, trade "war stories" of their volunteer activities, and just have fun. It was also a chance for the CJCA Board of Directors to mix and mingle with the community and demonstrate that they are also just volunteers engaged in serving the community.

Everyone who came to the party was greeted at the door by Board Members and given a Kokuho Rose swag bag. In keeping with the "Domo Arigato" theme, the bags contained Japanese tokens of ramuné, sempe and nori. Everyone who came also had to fill out a form, which entitled them to participate in the draw for door prizes as well as give them an opportunity to talk about their volunteer experience. Mai Nagao was kind enough to MC the event and Yoko Galvin wrote and performed her "Thank You" song in both English and Japanese as well as her beautiful rendition of "Peace". We are so fortunate to have such talented and committed people within the community. Thank you to Mai and



In emphasizing our Japanese "thank you", an array of Japanese food was served consisting of sushi, yakitori negima, yakitori tsukune chicken balls, gyoza, renkon, sunomono, tofu, Japanese veggies, Japanese pickles, Japanese fruits, and Japanese desserts. Special thanks to Masaye Tanaka who made and donated her delicious Mochi cakes and other goodies as well as contributing so many good ideas and her time to make the event successful. Thank you to the Board, the organizing committee and all the volunteers who helped put on this event particularly Midori Button who not only helped with the preparation and serving of the food but also took the pictures of the event.

Roger Teshima, Maureen Coleman and Harvey Tanaka coordinated the draws for the door prizes while the attendees ate and socialized. Almost all the attendees received door prizes which were just small gestures of gratitude for their service as volunteers. Roger Teshima and Kathrine Nugent also thanked three special volunteers - Ted Wada, Ruth Nagata and John Coleman for their contributions to the community. As William Arthur Ward put it "Feeling gratitude and not expressing it is like wrapping a present and not giving it". Hopefully the "Domo Arigato" Volunteer Appreciation party was successful in expressing the gratitude of the community to all of the volunteers.

LONG-LIFE



KOTOBUKI KAI

by Lorraine McNeill

CALGARY KOTOBUKI SOCIETY 2017 BOARD OF DIRECTORS

President, Kathrine Nugent Past-President, Bill Toyota Vice-President, Tetsuo Wada Treasurer, Albert Nawata Secretary, Tobie Sakamoto

DIRECTORS

Nancy Kondo Ruth Nagata Satomi Okabe Haruyo Onishi Patricia Sakura Tom Uyeno Kathleen Wall



Happy 2017 to all...This will be a recap of Kotobuki activities to October that was not covered in the last newsletter. Over 50 members viewed "The Ghost Towns -1942 to 1945", bringing back memories as those towns were home for many during the war years. These video tapes were produced by Ted Shimizu from 8mm films from Rev. Kosaburo Shimizu. It showed the camps like Kaslo, Tashme, Slocan/Lemon Creek and others, almost with no population, become bustling, active communities with schools, churches, and stores, with the arrival of the relocated Japanese Canadians from the BC coast.

The Japanese community were able to make a life for themselves under adverse conditions. Aiko Furuya glimpsed her Mother in some of the shots. We are grateful to Tom Uyeno for showing this amazing film to the group.



The 26th was made into a fun Halloween Wednesday with decorations, hats, some masks and lots of black and orange outfits. A delicious bento from Hanami Sushi, a delicious cake and colorful Jell-O squares both donated by Betty and Charles Nakamura and lots of candy rounded out the day.

November saw the continuation of much physical activity with tai chi, chair exercises, yoga, line dance and odori. Program coordinator, Tom Uyeno introduced the movie, "Aka Hige or Red Beard", a Kurosawa directed story of a doctor working with the poor in a 19th century clinic. He guides an arrogant young doctor who has aspirations to work for the shogun, but his experience at this clinic changes his lofty ambitions.

Kathrine led a moment of silence for all veterans and those fighting for our country in anticipation of November 11th Remembrance Day. We again ended the month with another delicious lunch from Redheads Bagel Cafe hosted by Toban C.

The busy month of December began with Ruth Nagata and Kathrine Nugent organizing the preparation of food baskets for our shut-ins. These beautifully wrapped gifts are always appreciated by those unable to join the festivities during the holiday season, knowing they are remembered by all their friends at Kotobuki.

Toban D's decorating made for a festive centre for this holiday season. December 7th became an active and busy Wednesday as members moved from

Dr. Nakai's Foot care, shopping at Nakagama's Food and Gifts, enjoying a special bento of sushi, sandwiches, cake, and being entertained by the "Ted Wada Singers and Dancers" to the tune of "Rudolf..."





It was the special "Birthdays and Anniversaries Day" honoring Hiroshi Kuwahara celebrating 102 years and Kay and Hiroshi for 75 years of marriage, Yosh and Jeanne Terikita, Duke and Aki Oshiro and Iwao and Sachi Ikenouye for their 60th anniversaries, and many others who reached milestone birthdays in 2016. Congratulations to you all! Special bingo rounded out the day with the prize being Christmas bags prepared by Nancy Kondo, many with the added bonus of her special cookies or cucumber tseukemono!

Kotobuki wrapped up 2016 with a buffet lunch at Grey Eagle casino. Many thanks to the staff for caring for 80+ seniors and presenting each with a \$5.00 coupon with which to try their luck and to Ruth Nagata and President Kathrine for organizing the group and getting the shuttles so all could attend.

Kotobuki again showed their generous spirit and care for the less fortunate in the city by filling 2 large boxes for the food bank and donating to 12 charities, those being Calgary Urban Projects Society, Calgary Interfaith Food Bank, Calgary Mustard Seed, Alzheimer's Society, Diabetes Canadian Association, Parkinson Alberta, Calgary Meals on Wheels, Inn from the Cold, Calgary Women's Emergency Shelter, Disabilities, Developmental Brown Bagging for Calgary's Kids, The Canadian Red Cross (Alberta Fires Appeal) and continued support to the scholarships at the U of C and SAIT.

Kotobuki resumed on January 11th with tai chi, line dance and chair exercises led by Kozue, Peggy and Vanessa welcoming all back to fitness. A special ozoni lunch (mochi soup) was prepared by Masa Yokoyama with help from Toban A to begin the New Year.

Thank you again to all the above mentioned leaders, many who are Kotobuki Kai members, for their time and organizing of activities so all can enjoy their time at Kotobuki.

Special thanks to those who volunteered for our Kotobuki Casino held at Elbow River Casino on January 29 & 30: Kathrine Nugent, Al Nawata, Bill & Kay Toyota, Harvey Tanaka, Kozue Yamamoto, Pam Sugimoto, Roger Teshima, Jean Masuda, Tobie Sakamoto, Yuri Delisle, Doug Ohama, Brent Yasuda, Rocky & Jean Oishi, Masaye Tanaka, Lloyd Tsukishima, Jits Oishi, Sally Hironaka, Gene & Pat Sakura, Art & Pat Hironaka, Masa Yokoyama, Ted & Jean Nakatsu, Yosh Komori, Julie Kamitakahara, Shiq Tamikado, Robert Sameshima, Ted & Grace Wada, Maureen & John Coleman, Shirley Shigematsu, Ruth Nagata and back-ups - Alice Kimura, Russell Hironaka, Joanne Planidin and Sandra Carr.

<u>Upcoming Events</u>: April 22 – Sakura Tea



CALGARY BUDDHIST TEMPLE

658-1st Ave N.E. Calgary, Alberta Telephone: (403) 263-5723 calgarybuddhisttemple@gmail.com

http://calgary-buddhist.ab.ca/ February 2017 Update by Laura Sugimoto

After a brief break at the end of the year, the Temple is again bustling with activity.

On January 22, we unveiled a beautiful new scroll of Prince Shotuko, generously donated by Mrs. Teruko Ikuta in memory of her husband, Rev S.K. Ikuta. Prince Shotoku, (574 – 622 AD), is legendary in Japanese Buddhism for establishing Buddhist principles and ethics as core values in Japanese society for the betterment of all. Thank you to Mrs. Ikuta for her generous donation and for the years of service she has given to the Calgary Buddhist Temple.

Upcoming Special Services:

February 12: Parinirvana Service (Nirvana Day), marking the death of the Buddha. Buddhists celebrate the death of the Buddha, because having attained Enlightenment he achieved freedom from physical existence and its sufferings.

March 19: Ohigan (Spring Equinox)
April 2: Calgary Buddhist Temple
Annual General Meeting
April 9: Hanamatsuri (Flower Festival),
celebration of the birth of Buddha
May 28: Gotan-ye, the celebration of
the birth of Shinran Shonin, the founder
of Jodo Shinshu Buddhism. AND
Keirokai, our yearly event honouring our
members who are 'Keiro', that is, our
senior, experienced Sangha members.

Also, the first Sunday of each month is Shotsuki, a monthly memorial service to honour and remember loved ones who passed away in that month. This service is now being followed by tea and light refreshments. We encourage all seniors to attend; rides can be organized if needed.

All services start at 10:00 am on Sunday. Thursday night services, February 9 through March 23, 7:30 – 8:30 pm, will be an introduction to the fundamentals of Buddhism. Each evening will be a combination of short DVD clips followed by a question and answer/ discussion time. No prior knowledge or experience is required, just an open and curious mind!

Ikebana classes will be offered by Rika Saruwatari, who trained under Ms. Takato Yokoyama. Rika became a certified shihan (teacher) in 2012. Classes will be held at the temple Saturday mornings 10:00 am -12:00 noon April 29, May 13 & 27 and June 10 & 24. Cost is \$175 included tax. Class size is limited so register early! Contact Rika at ikaandshiro@gmail.com or call (403) 701-0390

Victoria Dojo: A former member of the Calgary Buddhist Temple and Sensei Roy Akune from Steveston have started a Victoria Dojo, a Jodo Shinshu Buddhist Mission, in Victoria. If you know of Dharma followers and friends in the Victoria area, please encourage them to attend. And if you are going to be in Victoria, you should plan to attend. Services will be March 11, May 13, June 10, August (to be determined), and September 16. For more information Roy Akune contact Sensei akune@telus.net.

Congratulations to our Raffle and Grey Cup Pool ticket winners in December: WestJet tickets: Mrs. Takako Sugimoto Grey Cup pool: Yuri Delisle, Roy Nagata, Dan Ichii, Sam Oishi, David Horiguchi Thank you everyone for participating!

Need a boardroom for a meeting? A family celebration or a class you would like to teach? Consider the Calgary Buddhist Temple for your next professional function or social gathering. For rental inquiries, please email: templerentalrequest@gmail.com

MARCH



Hinamatsuri

Sunday, March 5, 2017 from 1 – 2:30 pm

APRIL



CJCA Annual General Meeting

Sunday, April 30, 2017 at 1 pm Contact: Joanne Planidin

SAKURA TEA (Kotobuki)

Saturday, April 22, 2017 1 to 4 pm (See flyer for details.)

MAY - ASIAN HERITAGE MONTH

KIMONO FAIR (NICA)

Sunday, May 21, 2017 Contact: Taeko Nagao



June - TBA

STAMPEDE BREAKFAST

Saturday, July 8, 2017 from 9 to 11 am (See flyer for details.)

OMATSURI 2017

Saturday, August 12, 2017 Location: Max Bell Centre

Craft & Food Bazaar

Sunday, November 19, 2017 11 am to 3 pm

Mochi Party

Sunday, December 10, 2017

Kids Christmas Party

Sunday, December 17, 2017 1 am to 3 pm



Upcoming Events

(Activities held at the Centre unless otherwise specified.)

2017 - MARK YOUR CALENDARS



Contact: Ruth Nagata

MONDAY



CJCA KARAOKE CLUB Starting: January Noon to 3 pm Contact: Ted Wada (403) 278-8061



MIDNIGHT TAIKO KAI

(Drumming - Evenings)
Starting: January 9
Monday & alternate Thursday
President: Ben Lim
Booking Info: John Nguyen
(403) 975-1270 or
bookings@midnight-taiko.ca
Website: www.midnight-taiko.ca

TUESDAY



KAEDE NO KAI (Odori/Dance)
Starting: January 3
7 to 9 pm (& Wed. 7:30 to 9 pm)
Instructor: Joanne Planidin
ibplanidin@gmail.com

WEDNESDAY



KOTOBUKI KAI (Seniors) President: Kathrine Nugent (403) 242-4691 or knugent@hotmail.ca



Programs

(Activities held at the Centre unless otherwise specified.)



CJCA RENSHIKAN KARATE CLUB

Starting: January 18 6 to 8 pm (& Saturday 9 to 10 am) Instructor: Seichi "Sey" Yamashiro Contact: cjcsdcbyama@shaw.ca

THURSDAY



SOGETSU IKEBANA GROUP

Starting: January 5 6 to 9 pm (Bi-weekly) Instructor: Keiko Otsuki ikebanastudio@shaw.ca

Website: www.ikebanastudio.com



ZUMBA FITNESS

Starting: January 13 - March 10 to 10:50 am (Thursday or Friday) Licensed Instructor: Aoi Kurosawa (403) 561-1340 or ciaociaoaoi@gmail.com

www.facebook.com/groups/ zumbawithaoi/

FRIDAY

Calgary Japanese Language School

JLS - Friday Evenings (& Thursday)
Classes held at:

Queen Elizabeth Jr. /Sr. High School 512 18th Street NW, Calgary Principal: Yoko Fukushima (587) 582-8948 or contact@calgaryjls.com

Website: www.calgaryjls.com

SATURDAY



NIHONGO TIME

"Japanese Conversation"
Starting: January 7
10 am to noon (Year-round)
Contact: Taeko Nagao
(403) 650-7634 or ntaeko@telus.net

SUNDAY



LINE DANCE CLUB

Starting: January till June 3 to 4:30 pm (Drop-ins welcome!) Contacts: Ted Wada or Rocky Oishi (403) 278-8061 or tgwada@ymail.com (403) 281-1203 or rjoishi@shaw.ca



NEW JAPANESE CANADIAN ASSOCIATION (NJCA)

MAILING ADDRESS:

Box 34137, Westbrook P.O. Calgary, AB T3C 3W2

CONTACT US: Alex Nagao

TEL: (403) 251-1762 **EMAIL:** <u>nagaoa@telus.net</u>

WEBSITE: www.njcacalgary.ca



2016 - 2017 NJCA BOARD OF DIRECTORS

Atsuko Boyd Kiyomi Hayashi Naoki Ikeda Nokiko Kimura Michiko Lim Alex Nagao Mai Nagao Taeko Nagao Miyuki Perry Akemi Sato Shinya Tanaka Anna Tokunaga



FOR INFORMATION: Mai Nagao at jyacalgary@gmail.com

Website:

http://jyacalgary.wordpress.com/ Find us on – Twitter and Facebook

2017 EVENTS SCHEDULE (NJCA)

= 2017 年行事予定	NJCA 2017 Events =
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NJCA 主催行事 (NJCA Family & Kids Events)

2月4日(土) FEB. 4	豆まき/感謝デー	
3:00 – 4:00 Pm	MAME MAKI / THANKS DAY	
3月5日(日) MAR. 5	子供雛祭りパーティー	
1:00 - 2:30 Pm	HINAMATSURI PARTY	
4月 APRIL	NJCA AGM	
	「日本文化:着物フェアー」Am 10:00 – Pm 2:00	
5月7日(日) MAY 7	[ASIAN HERITAGE MONTH]	
	JAPANESE CULTURE: KIMONO FAIR	
6月 JUN.	運動会& ピクニック SPORTS DAY & PICNIC	
7月 JULY	ハイキング HIKING	
	Fall Festival cancelled	
11月19日 (日) クラフトフードパザー Am 11:00 - Pm 3:0		
NOV. 19 (Sun.)	OV. 19 (Sun.) CRAFT & FOOD BAZAAR	
12月17日(日)	(日) クリスマスパーティー(子供会) Pm 1:00 - 3:00	
DEC. 17 (Sun.) KID'S X'MAS PARTY		
	THE PARTY OF THE P	

* In case of inclement weather or lack of attendees, events will be cancelled.

注:行事、日時の変更は、必ず事前にお知らせいたします。

参加者が少ない場合はキャンセルになる事がありますので、必ず申し込みをして下さい。

Events will be cancelled if there are not enough participants.

For more detailed description of Events, please visit our website:

www.calgaryjca.com / njca@njcacalgary.ca

* 図書館会館日: 1月~6月 & 9月~12月 第一土曜日&第三日曜日午後1時~4時

* コンピューター教室: 上と同じ

* 合唱「ポコアポコ」: 1月~12月 第一土曜日午後1時~3時、第三日曜日午前10時~12時



"Computer Classes" Free for CJCA/NJCA Members!

WHEN: Classes are held twice a month

Classes are intended for beginner to mid-level users.

You can participate if you: are planning to start using a computer/internet/e-mail-want to improve your computer skill - want to learn how to use applications (Excel, Word, Photo-editor, etc.) - have a question (hardware, software, iPad, PC, printer, trouble, etc.) - don't have a computer but want to try anyway (student computers are available). Maximum 4 students at a time.

To "reserve" your spot, contact:

Alex Nagao at 403-390-0285 or nagaoa@telus.net
You can check the class schedule at:

Tou can check the class schedule at:

http://teamup.com/ks9d5aa2c7a7c537

CJCA Library & Computer class hours:

January to June / September to December
The first Saturday and the third Sunday 1:00 - 4:00pm

MORE ANNOUNCEMENTS



JAPANESE CULTURE FOR KIDS

Starting: January 6 (Thursday & Friday)

From 10:00 to 11:00 am
(For children under age 6.)
For detailed schedule/fee information:
Taeko at (403) 650-7634 or
japanesekidsclass@gmail.com



"Poco A Poco" NJCA Choir

January to December

The first Saturday 1:00 - 3:00 pm, the third Sunday 10:00 am - 12:00 pm Contact: Taeko





Abacus (Soroban)

Classes are year round! Starting: January 4

WHEN: Wednesday (from 4 to 7 pm)
LOCATION: Nikkei Centre (Basement)
For information & registration, please contact:
Takayuki Hatakeyama at sorobancalgary@gmail.com
(403) 667-5884 or http://abacuscalgary.com

JOIN US!



Krazy For Karaoke!

The CJCA karaoke club meets at the Nikkei Centre every Monday at noon. We have a large collection of Japanese songs and some English songs too. Join us and sing your heart out. Contact Ted Wada tgwada@ymail.com for details.

**** NEW ****



Hyottoko Dance Club

Hyottoko dance was originated in Japan a few hundred years ago and is practiced to this day in many communities in Japan. The dance is a repetition of simple moves - men and women dance together, wearing humorous looking masks called hyottoko, okame and kitsune, head covers and ukatas.

Please join us on Sunday's from 2 - 3 pm, it's a lot of fun and a way to introduce traditional Japanese culture to Canada.

Contact Ted Wada for details:

(403) 278-8061 or tgwada@ymail.com



SHUJI (CALLIGRAPHY) CLUB

The first & the third Monday from 11:30 am - 2:30 pm, starting April 3rd, 2017 at Nikkei Centre (Basement) - Age over 55 years - Beginners welcome!

For information & details - please contact:

Mrs. Moroto at (403) 226-5226 or hideko@moroto,ca

NATIONAL ASSOCIATION OF JAPANESE CANADIANS

by Kevin Okabe

"Leaving a Proud Legacy for Future Generations"
180 McPhillips St. Winnipeg, MB R3E 2J9
Tel: (204) 943-2910 or national@najc.ca or www.najc.ca



Landscapes of Injustice



The National Association of Japanese Canadians and the Landscapes of Injustice Partnership Project are proud to jointly announce the:

"HIDE HYODO-SHIMIZU RESEARCH SCHOLARSHIP"

Valued at \$10,000, this research scholarship will be awarded to a student who was enrolled full time at a Canadian University in the 2016-2017 academic year. The successful applicant will join the *Landscapes of Injustice* research team in late April 2017, participating in its 2017 national Spring Institute, and then join the research team for the duration of summer.

For more information:

Michael Abe, Project Manager, Landscapes of Injustice (250) 721-7023 or mkabe@uvic.ca or www.landscapesofinjustice.com



Above: Kotobuki President Kathrine, CJCA Treasurer Shirley, Ted, Counsellor Futagi and Kevin (National Executive Board)



Lethbridge Nikkei Cultural Society

The Lethbridge NCS, in conjunction with the Nikka Yuko Garden Society is looking for 150 dancers for their 150th project.

They are planning to have 150 dancers participate in their annual **Obon Dance Festival**on Saturday, July 15 at the Nikka Yuko Garden.

Please contact_(of the Nikkei Cultural Dancers in Lethbridge):

Pat Sassa at sas7@telus.net or (403) 329-3105

Hisae Price at (403) 345-3356

Sumi Kanomata at curling08@live.ca or (403) 223-8468

The **Nikka Yuko Japanese Gardens** (Lethbridge, AB) will celebrate its 50th anniversary in 2017 and plans are well underway for celebrating the event. For more information: info@nikkayuko.com or (403) 328-3511

www.nikkayuko.com

HONOURING THE LEGACY

Japanese Canadian Centennial 77

40 Years ago... FEBRUARY '77 VOL. 1 NO. 1 CJCA NEWS

A LETTER FROM THE PRESIDENT-

Susumu Nakazato

It is my pleasure to present the C.J.C.A. Newsletter in an entirely new format starting from this issue.

The year 1977 is the fourteenth year of the formation of the C.J.C.A. and it is also one hundred years since the first Japanese immigrant arrived in Canada. In the Calgary chapter of the Japanese Canadian Centennial Society, all the Japanese Communities (the Christian Church group, Buddhist group, Alberta Businessmen's Association, Japanese Language School and C.J.C.A.) are working together under chairman Mr. Tom Nawata to promote the celebration of this event.

It is my sincere hope that all the Japanese Communities in Calgary will unite in the future and work together to achieve all our goals such as the construction of the Japanese Cultural Centre, etc.

7th GHOST TOWN BUS TOUR

June 19 - 23, 2017

75th Anniversary of Upheaval and Internment



... a five-day bus tour into the beautiful West Kootenays!
... visit WW2 Internment Sites of Canadians of Japanese descent
Slocan Valley (Lemon Creek, Popoff, Bayfarm, Slocan City)
Kaslo – Sandon – New Denver (home of Nikkei Heritage
Centre & Museum), Castlegar (Doukhobor Village &
Museum)

... visit to the famous Ainsworth Hot Springs

Learn about what happened to a large group of Canadian citizens of Japanese ancestry immediately following the outbreak of WW2 and the aftermath...

Cost: \$875/person

(Price includes transportation, hotel accommodations-double occupancy, entry fees, 7 meals guaranteed

A deposit of \$400 made out to - **NCS of LA** - will be required no later than April 15, 2017. Send to George Takashima, 3112 - 29 Street South, Lethbridge, AB T1K 7J9 For further information, contact Pastor George at 403-328-0156 or E-Mail: geotak@shaw.ca

PLEASE NOTE THIS IS A GUIDED TOUR!

JAPANESE CANADIANS YOUNG LEADERS



If you, or anyone you know, is interested in getting involved or being a part of the local Calgary JCYL, please contact us at ask.jcyl@qmail.com

CJCA Business Network Group

Supporting Each Other for Mutal Success! "Like" us at:

https://www.facebook.com/groups/643504739077594

by Joanne Planidin

The newly formed Business Networking group continues to grow and expand our network of like-minded individuals and organizations. We continue to use social media as our mainstay for connecting with the members. Our Facebook page, along with email communications keep our members abreast of the activities and upcoming events. The membership continues to be very diverse and brings with them a wide variety of experiences and business acumen.

The dedicated core group which forms the organizational committee is continually looking for opportunities to present our members with a wide variety of guest speakers who provide both education, inspiration and motivation. Food for both the mind and body. The opportunity to share experiences and expertise with a group of their peers, coming together in friendship and fellowship.

The group meets every second month at the Nikkei Centre, starting in February. All are welcome. Please visit the Facebook page – CJCA Business Networking to get the details for our next event.

February 7, 2017

"2017 Tax Update" - Streamline Accounting April 11, 2017

"Travel Japan" - Consulate General of Japan in Calgary, Nippon Travel



PRINCIPAL WANTED

The Calgary Japanese Language School seeks a principal for the 2017-2018 school year and beyond.

Ideal candidates would have a passion for sharing the Japanese language and culture. Experience in an educational setting and the ability to speak and write Japanese fluently and to speak English comfortably are important qualities. To learn more about the school, visit CalgaryJLS.com

To apply, please contact:

Board of Directors@CalgaryJLS.com



Q & A with author David Poulsen

Interviewed by Nanako Koop (Grade 7, Student)

<u>January 10, 2017</u> – Thank you to Mr. Poulsen for coming to the Centre on a bitterly cold evening to launch and read for his new book "And Then the Sky Exploded".

Question 1:

What inspired you to write about the Manhattan Project?

"I love teenagers having to deal with things that are hard for them and I love these sorts of big war crisis so when I was writing a book about Japan because of my amazing visit I tried to put all three together."

Question 2:

Why did you choose to dedicate your books to these age groups (12-18)?

"I've worked with these age groups and I love the way they think and view the world."

Question 3:

Why did you choose these characters personalities, connections and lives?

"I want my characters to be realistic and relatable and I think the greatest praise I could receive is "this character would fit in my community" be it school, work, or household."



www.davidpoulsen.com

COMMUNITY PROFILE

Spotlight on Tea!

by Michiko Ono



Many of you have already visited the "Matsu Kaze" booth at the Omatsuri Festival and sampled their authentic fine Japanese green tea. We are pleased to introduce President - Michiko Ono. She will share some interesting facts about herself and her company...

"I am originally from Niigata City in Japan. I immigrated to Canada in 2004. After I moved here, I missed Japanese food and green tea so much

and had a hard time finding decent Japanese teas in Calgary. In the process, I became interested in Japanese green tea and wanted to learn more about it. I found a program for a green tea specialist through the Japanese Tea Association and became a certified green tea instructor in 2010. In 2013, I completed the Tea Sommelier course by the Tea Association of Canada at Bow Valley College. It was great to learn about other teas around the world and to meet fellow tea enthusiasts. I also continue to learn about the Japanese tea ceremony and am currently a student of Mrs. Yokoyama in Calgary.

My husband and I established a tea importing business, MATSU KAZE TEA in 2011 to promote Japanese teas to Canadian as an online shop and wholesale. Our Japanese teas are imported directly from tea farmers and/or tea regions in Japan such as Shizuoka, Mie, Fukuoka and Kagoshima prefectures. Currently we carry 23 kinds of tea from Japan. We are always looking for new teas and teaware.

We maintain strong relationships with our tea farmers and suppliers in Japan and do what we can to educate the local market about Japanese tea and teaware. We have even taken Calgary water to Japan to test the effects of hard water on traditional Japanese teas.

We want to connect our customers with these farms so that they know where their tea comes from and the care and dedication that the farmers in Japan take to produce this remarkable product. Like wine, different regions produce different qualities of tea. We guide and support our customers with expert knowledge of Japanese teas.

Here are photos one of our tea farms in Mie and Shizuoka. It is a pure enjoyment and educational experience for us to visit those tea regions in Japan in order to keep our relationships with each tea supplier, which is priceless.





Japanese green tea contains about 20 nutrients including: catechins, caffeine, theanine, vitamins and minerals. Research indicates that regular consumption of Japanese green tea:

- Reduces the risk of cancer
- Promotes brain function
- Promotes weight loss
- Promotes cardiovascular health
- Prevents diabetes
- Boosts immune system
- Destroys bacteria and viruses

It is a privilege to share this traditional, healthy, flavorful product with our customers. We've seen an increasing interest in Japanese green tea and tea culture and will continue to do what we can to promote both."

To contact Michiko and learn more – please refer to the advertisement section.

2017



Mark your calendar...

Saturday, August 12th for the OMATSURI-2017.

It will be held again at the Max Bell Centre.

Please sign up as a volunteer, performer, vendor or organizer. Or just show up in kimono/ukata and have fun.

Together with your participation, we can make it another fantastic traditional Japanese festival, rain or shine.

Looking forward to seeing you there!

Ted Wada at (403) 278-8061 or tgwada@ymail.com



For more information: calgaryjapanesefestival.com

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Suite 950, 517 – 10th Avenue SW Calgary, AB T2R 0A8 Tel: (403) 294-0782 or

www.calgary.ca.emb-japan.go.jp



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http://www.facebook.compages/Consulate-General-of-Japan-in-Calgary/1391875607712074

2017 CJCA KEIRO-KAI!

by Joanne Planidin



January 28, marked the 2nd Annual Keirokai event for CJCA. This year we had 70+ seniors and guests in attendance. We were also honored to have Consul General Tanabe and Mrs. Tanabe as our special guests for the afternoon festivities.

Entertainment was focused on cultural presentations, with Midnight Taiko opening the program. Also providing the seniors with traditional Japanese music was Poco a Poco, the NJCA Choir and Kaede Cultural Society, who performed two classical odori for the attendees. As a special treat, the guests were also entertained by Consul General Tanabe. Calgary has been blessed these past years in that with each new posting brings with it a hidden extra bonus of very talented Karaoke singers. It was so gracious of the Consul General to share his love of music with us.

Lunch began with traditional Ozoni soup to start, prepared by Shinya Tanaka, from Roku Restaurant. Mr. Tanaka also prepared the traditional Osechi Ryori (bento style – mirrored the Ojubako) which had all of the tasty selections as would be in Japan. Foster's Bakery provided daifuku manju for desert. True World Foods also provided sembe and Japanese snacks to round out the menu.

CJCA considers itself very fortunate to have such a wealth of community partners. Thank you to the following individuals and businesses for their continued support of this annual event. Our apologies – missing from the poster are Maureen Coleman and Mrs. Inoue.

Thank you also to the volunteers who helped to make this event a success: CJCA Board of Directors, emcees Roger Teshima & Maureen Coleman, Kaede Cultural Society, Mai Nagao, Paul Jetté and Willson Law.



50/50 ticket sales by Koji, Emiko & Abigail



CJCA COMMUNITY & SENIORS FOUNDATION

by Shirley Shigematsu

The foundation is a registered charity and graciously accepts donations from both public and private sectors. (Tax Receipt Issued)

On behalf of CJCA Community and Seniors Foundation, we gratefully acknowledge and thank the following who donated to the Foundation in 2016. It is through such generous contributions that the Foundation can sustain itself and continue to provide cultural and social services to the Japanese Community.

The Frank H. Hori Charitable Foundation
Lester S. Ikuta
Fran Esler – In memory of Fumi Fujiwara
Margaret Suzuki
South Slope Feeders Ltd.
Rose and Sho Nagata
Potato Growers of Alberta
Theresa Utsunomiya

VENDORS

SALE

"CRAFT & FOOD BAZAAR"

"The New Japanese Canadians Association (NJCA) has been hosting the bazaar for over 15 years!"











VOLUNTEERS



ONE OF THE MANY "VOLUNTEER" ORGANIZED EVENTS AT CJCA...



The Perfect Paper Crane

Betty displays her step-by-step 3D instructions for folding paper cranes. Betty, Luri (insert) and Kathrine were invited to the Calgary Board of Education for a hands-on origami workshop.

MISSION STATEMENT

"To promote and maintain Japanese culture in Calgary and District."

MANY THANKS!

To article contributors, proof-readers, photographers & illustrators.

MEMBERSHIP

The "2017" CJCA Membership Application form is located at the end of the newsletter. Members <u>only</u> will receive an additional "Monthly" E-Newsletter update.

ADVERTISING?

Advertising options and rates are available through the office.

VOLUNTEER OPPORTUNITIES

WANTED: Board Directors, Committee Chairpersons

CJCA LOGO

Designed by Eugene Ouchi (1943 - 2010)



Our thanks to "Nakagama's Japanese Food & Giftware" of Lethbridge for travelling to Calgary so we can enjoy our favourite products!

See their 2017 schedule on Page 21.

Centre Notes

FACILITY

Please contact the office <u>before</u> dropping-off items. (CDs, software, books, magazines, tapes)

LIBRARY HOURS

Monday thru Friday during office hours or first Saturday (1-4 pm) and third Sunday (1-4 pm). (Subject to change.)

LOST & FOUND

Unclaimed items will be disposed of on a regular basis.

LOOKING FOR A VENUE?

Contact the office for a variety of hall rental options!





REMINDER

WEBSITE & PHOTO GALLERY www.calgaryjca.com

CJCA ADVERTISERS



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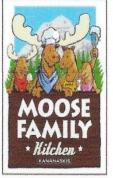
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Our newest store/deli is now open – Moose Family Kitchen in the Kananaskis Village Centre!







Delta Lodge at Kananaskis

At the Banff Springs Hotel

KANANASKIS

VILLAGE CENTRE

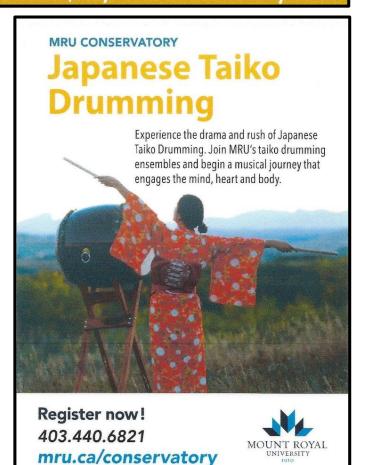
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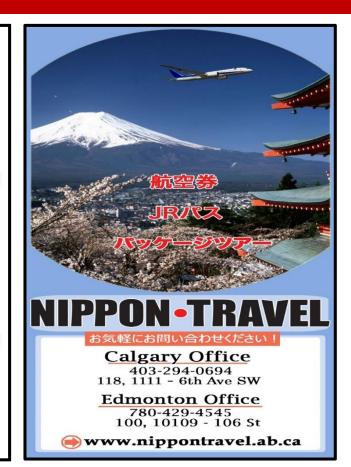
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Seiji Miyazoe

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Michiko Ono President

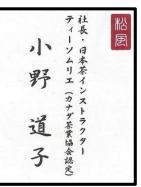
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Nakagama's from Lethbridge will be at the Centre on: Wednesday, February 22, 2017 (11 am to 3 pm) Saturday, April 22, 2017 (Sakura Tea) Saturday, July 8, 2017 (Stampede Breakfast) Saturday, August 12, 2017 (Omatsuri Festival, Max Bell Centre) Wednesday, October 25, 2017 (11 am to 3 pm) Wednesday, December 6, 2017 (11 am to 3 pm)



CJCA MEMBERSHIP APPLICATION FORM



CALGARY JAPANESE COMMUNITY ASSOCIATION

CJCA MEMBERSHIP APPLICATION FORM - 2017

Located at: Calgary Nikkei Cultural & Seniors Centre 2236 – 29th Street SW Calgary Alberta T3E 2K2

Inquiries: (403) 242-4143 or cicamain@shaw.ca Website: www.calgaryjca.com

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☐ Renewal Member ☐ Profile Chan		☐ Profile Change	Senior's 80+ (\$15 Single or Couple)		
ME	EMBER PROFILE: (P	LEASE FILL OUT & PRINT CLEARLY.)			
	SURNAME: First Name:				
	Secondary e-mail (optional):				
		Province:			
	Membership is in effect from January to December. If you do not have an e-mail address, you will receive a complimentary hardcopy of the Quarterly Newsletter (black & white) via Canada Post. Otherwise, the Q-Newsletter (colour version) and the Monthly E-Newsletter (event updates) will be forwarded to you via e-mail. Event images maybe used in future CJCA related publications and websites. Thank you for your support!				
	Consent/Signature:				
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